


## DISHES AND THEIR ALLERGEN CONTENT - After School Club Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Crumpets with margarine spread or jam		✓					✓							
Bagel with cream cheese or margarine spread		✓					✓							
Cheese and Crackers with margarine spread		✓					✓							
Wraps with tuna, cheese, mayonnaise, lettuce and cucumber		✓		✓	✓		✓		✓					
Pizza		✓					✓		✓					

Review date: 22.11.19

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You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)