## DISHES AND THEIR ALLERGEN CONTENT - Staynor Hall Breakfast Club Spring 2024 (Lidl)

| DISHES  |        |                                 |             |      |      | Lupin | Milk |         | MUSTARD |      |         | SSAM         |      | Beer               |
|---|--------|---------------------------------|-------------|------|------|-------|------|---------|---------|------|---------|--------------|------|--------------------|
|   | Celery | Cereals<br>containing<br>gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur<br>Dioxide |
| Rice Snaps  |        | ✓<br>Barley                     |             |      |      |       |      |         |         |      |         |              |      |                    |
| Nestle Cheerios   |        | √<br>Wheat,<br>Barley           |             |      |      |       |      |         |         |      |         |              |      |                    |
| Wholegrain Wheat Bixies   |        | √<br>Wheat,<br>Barley           |             |      |      |       |      |         |         |      |         |              |      |                    |
| Filtered Semi Skimmed Milk  |        |                                 |             |      |      |       | 1    |         |         |      |         |              |      |                    |
| Medium White Bread  |        | √<br>Wheat                      |             |      |      |       |      |         |         |      |         |              | /    |                    |
| Strawberry Jam  |        |                                 |             |      |      |       |      |         |         |      |         |              |      |                    |
| Heavenly Buttery  |        |                                 |             |      |      |       | 1    |         |         |      |         |              |      |                    |
| Vitalite  |        |                                 |             |      |      |       |      |         |         |      |         |              |      |                    |
| No Added Sugar Orange Double<br>Concentrate Squash                  |        |                                 |             |      |      |       |      |         |         |      |         |              |      | 1                  |
| No Added Sugar Apple &<br>Blackcurrant Double Concentrate<br>Squash |        |                                 |             |      |      |       |      |         |         |      |         |              |      | <b>/</b>           |
| Crumpets  |        | √<br>Wheat                      |             |      |      |       |      |         |         |      |         |              |      |                    |
| Rowan Hill Hot Cross Buns   |        | √<br>Wheat                      |             |      |      |       |      |         |         |      |         |              | ✓    |                    |
| Scotch Pancakes and Giant Pancakes                                  |        | √<br>Wheat                      |             | 1    |      |       | /    |         |         |      |         |              |      |                    |
| Rowan Hill Bagels   |        | √<br>Wheat,<br>Barley, Rye      |             |      |      |       |      |         |         |      |         |              |      |                    |
| Croissants  |        | <b>√</b><br>Wheat               |             | 1    |      |       | 1    |         |         |      |         |              | /    |                    |
| New York GF bagels  |        |                                 |             |      |      |       |      |         |         |      |         |              | ✓    |                    |
| Tesco free from bread   |        |                                 |             | 1    |      |       |      |         |         |      |         |              |      |                    |
| Gluten free pancakes  |        |                                 |             | 1    |      |       |      |         |         |      |         |              |      |                    |

Review date: Reviewed by:



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